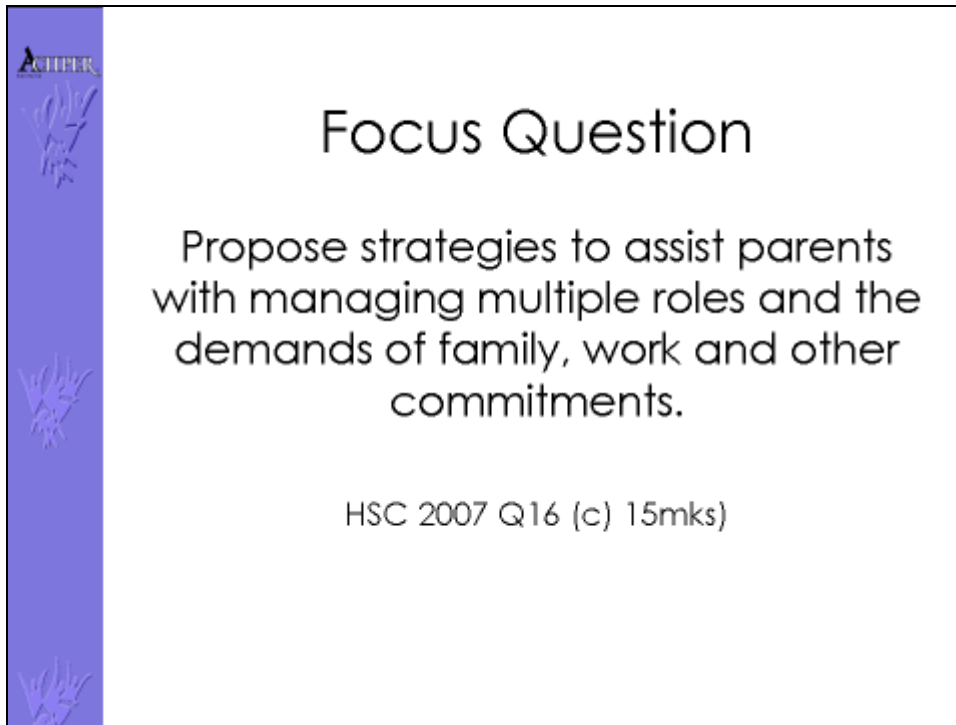


Parenting and Caring



Focus Question

Propose strategies to assist parents with managing multiple roles and the demands of family, work and other commitments.


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Activity 1 – Slide 3 Focus Question

Focus Question: Propose strategies to assist parents with managing multiple roles and the demands of family, work and other commitments.
(Scaffold to answer this question is in take home activities)

Where in the syllabus does this question come from?

List the roles of parents.



Definitions

- **Parent** - primarily responsible for care, nurture and wellbeing of child or children.
- **Biological parent** - has genetic material in child
- **Social parent** - has parenting role but no genetic link to child
- **Carer** - Individual who provides paid or unpaid help to person due to their **AID**
- **Wellbeing** - degree of satisfaction experienced by individuals, dependant on needs met. **PISCES**

Activity 2 – Slide 4
Definitions

Define parent:

Define carer:

Outline the responsibilities of biological parents

D _____

E _____

A _____

L _____

M _____

Explain the difference between a Biological Parent and a Social Parent and provide examples of the types of biological and social parents.

Becoming a Parent

- **Becoming a biological parent readiness-**

- Pregnancy :Planned /Unplanned
- Birth Technology : IVF/GIFT



- **Becoming a social parent**

- Adoption,
- Fostering
- Surrogacy
- Step parenting



Activity 3 – Slide 5
Becoming a Parent

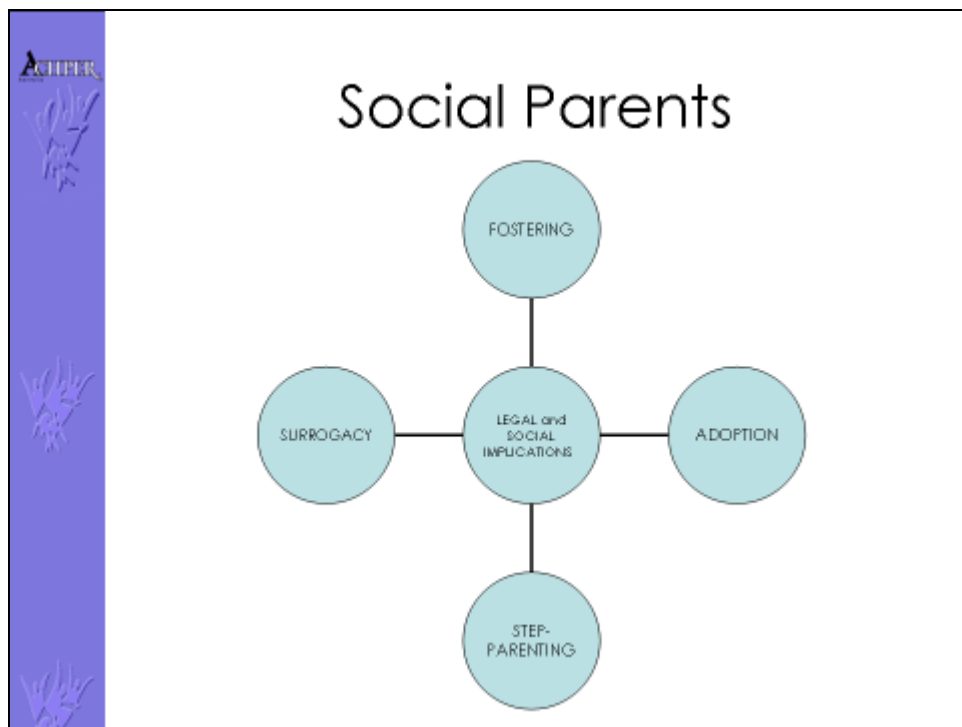
Becoming a Parent

Outline TWO issues that may arise for biological parents resulting from an unplanned pregnancy.

Identify three reasons for the increased use of birth technology to assist couples to become pregnant.

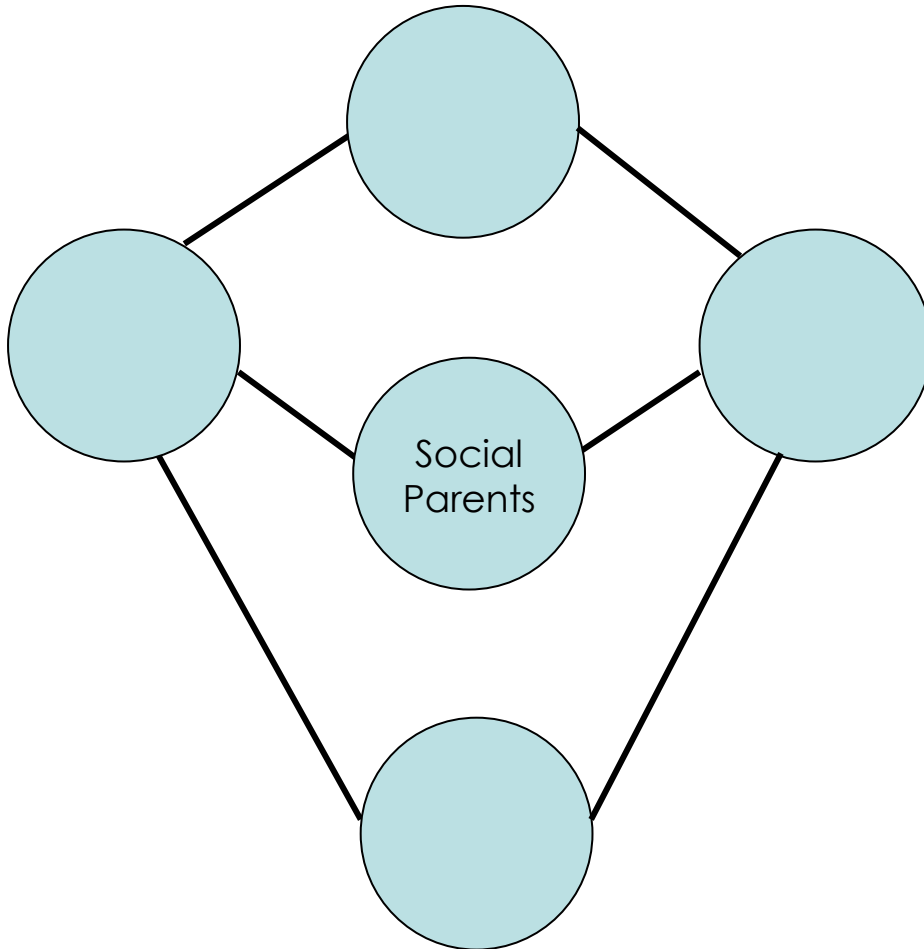
Examine the legal and social implications of birth technologies.

	Legal	Social
IVF		
GIFT		



Activity 4 – Slide 6
Social Parents

Identify the types of social parents on the word map.
Write a definition for each type. (next to the circle)





Explain the “sandwich effect” in relation to parents and carers. Outline possible reasons this issue is increasing?

ACHPER

Individuals and Groups Who Adopt Parenting and Caring Roles

- Parents
- Grandparents
- Relatives (including siblings)
- Teachers
- Paid carers
- Significant others eg doctors, social workers

Activity 5 – Slide 7
Adopt Parenting and Caring Roles

Explain (and provide examples) of individuals who adopt roles as parents.

Examples of carers


Paid	Unpaid

Compare the terms: “duty of care” and “loco parentis “.

Recent increase in grandparents taking on the caring role for their grandchildren whilst their parents return to the workforce. Explain why this is occurring.


List advantages and disadvantages for both the carer and the cared for.

	Advantages	Disadvantages
Grandparent(carer)		
Grandchild (cared for)		

ANHEP


Factors Influencing Parenting and Caring Relationships

- Age
- Culture and religion
- Education
- Gender
- Previous experience/own upbringing
- Socio-economic status
- Media
- Nature of the relationship
- Style of parenting
- Special needs
- Multiple role expectations



Activity 6 – Slide 8
Factors Influencing Parenting and Caring Relationships

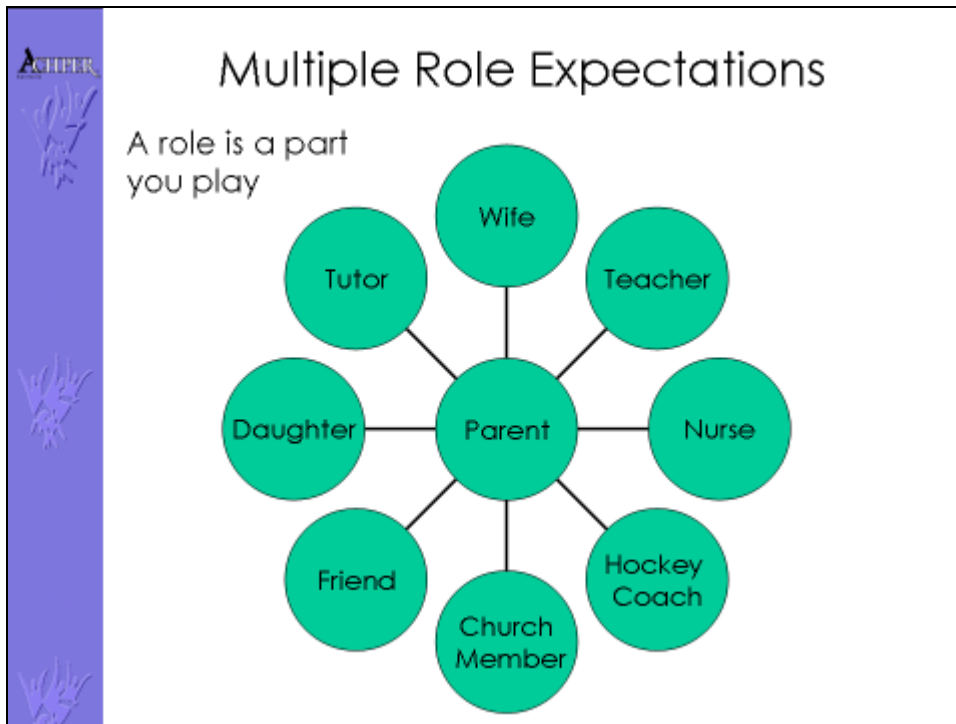
Factors Influencing Parenting and Caring Relationships

Examine each factor and provide an example of a positive and negative effect on parenting and caring relationships.

Complete the table

Factor	Positive	Negative
S		
C		
R		
A		
P		
S		
N		
G		
E		
M		
S		

Explore the role these factors play toward the sources of conflict and reasons for lack of conflict between parents and children and carers and the cared for.



**Activity 7 – Slide 9
Multiple Role Expectations**

Multiple Role Expectations

Brainstorm strategies to assist parents and carers in managing multiple roles.

- Support for Parents or Carers**
- General understanding of all services but a detailed investigation of one*
- Health services - Medical (physical and psychological)
 - Welfare agencies - Government and non government
 - Parenting groups - Forums to become better parents
 - Community groups - Local people getting together
 - Government agencies - Bodies to support Parents or Carers
 - Childcare Services - Care for children during the day
 - Carer's Support Groups - Forums to help the helpers

Activity 8 – Slide 10
Support for Parents and Carers

Support for Parents and Carers

What are support services and how do they improve the wellbeing of parents and carers?

Complete the table to provide examples

Support Service	Role	Example
Health services	Medical,	
Welfare Agencies	Gov and Non Gov	
Parenting Groups	Forums	
Community Groups	Local	
Government Agencies	Bodies to support P&C	
Childcare Services	Care during day	
Carer's Support Groups	Forums to help helpers	

Scaffold for stimulus question

Propose strategies to assist parents with managing multiple roles and the demands of family, work and other commitments.

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1. Read the question twice.
2. Underline the key words.
3. Highlight the BOS words that tell you how to answer the question.
4. What does PROPOSE mean/what are you required to do in your response?
5. Refer back to the rubric.
6. Prepare a plan of attack by:
 - (a) identifying the syllabus areas from which the question is derived

Key areas of the syllabus to address when answering this question

-
-

(b) defining key terms

- Strategies
- Parents
- Managing
- Multiple roles
- Demands of family
- Demands of work
- Demands of other commitments

(c) Brainstorm strategies

(d) Links to wellbeing

Conclusion

7. Commence responding to the question in the extended format. Refer to the rubric, use syllabus terminology and provide examples to highlight your understanding.

Opening paragraph

State strategy, explain how it will assist the parent (type of demand) and provide examples of this. Analyse how this strategy will improve the parent's wellbeing (NB type of wellbeing) Use a new paragraph for each strategy. Extensive suggestions of strategies will enhance your mark. Continue

Take Home Activities

Activity 1 Types of Parents

Create tables to examine the legal and social implications of birth technologies and social parenting.

Birth Technology	Legal Implications	Social Implications
IVF	Infertility Act 1995 Sex Discrimination Act 1984 Legal status of embryo or children born Legal status of donated sperm	
GIFT		

Social Parenting	Legal Implications	Social Implications
Adoptive	Child no longer part of biological family Adoptive family age character, marital status	
F_____		
S_____ P_____		
S_____		

Activity 2

People Who Adopt Roles As Parents

1. Go to
http://www.healthinsite.gov.au/topics/Personal_Stories_about_Parenting
2. Here are 20 personal stories with a variety of links that are all relevant to Parenting and Caring.
3. Read *Raising a Grandchild*
4. Indicate the number of grandparents in Australia that are raising grandchildren.

5. List some of the reasons grandparents may be in the situation of raising their grandchildren. What are some of the difficulties that arise due to this situation?

6. What impact does caring for their grandchildren have on
 a) grandparents and b) the grandchildren?

	Positive Impact	Negative Impact	Relate to wellbeing
Grandparents			
Grandchildren			

Activity 3

Support for Parents and Carers:

NSW HSC Online

www.hsc.csu.edu.au/cafs/parenting/becoming/3_1/3_1_1/c3cafsanswers3_1_1_1.html

Exploring a Range of Support Services.

Read the following scenario and complete the related tasks.

Tara is a single mother of two children: Samantha, who is 8-weeks-old, and Rebecca, who is 3. Tara has only her mother close by for support, but Tara's mother also needs constant care as she has dementia. Tara is having problems settling and breastfeeding Samantha and is feeling tired and depressed with the constant lack of sleep and the demands of a newborn baby, a three-year-old and an elderly parent with dementia. Added to this pressure are the financial strains of having two children and being unemployed. Tara would like Rebecca to go to a child-care service of some sort, but she is unsure of her options and whether or not she will be able to afford the cost of child-care.

- a. A range of support services is available to Tara in her role as a parent and carer. Using your knowledge of areas of support and support services for parents and carers, complete the following activity, Exploring support services (click on the appropriate icon).
- b. Research one support services and outline the following information:
 - Name of the service.
 - Type of support provided.
 - How to gain access to the service.
 - Cost involved.
 - Source of funding for the service.

The following website links have been provided to assist you to conduct your research.

- Health service: [Tresillian](#) ▶
- Welfare agency: [The Salvation Army](#) ▶
- Parenting group: [Australian Breastfeeding Association](#) ▶
- Community group: [Playgroup Association of NSW](#) ▶
- Government agency/welfare agency: [Centrelink](#) ▶
- Government agency: [Commonwealth Department of Health and Aged care](#) ▶
- Government agency/Carer's support service: [Home and Community Care](#) ▶
- Carer's support group: [Carers Australia](#)

Circumstances that may lead to an individual requiring care.

Circumstances	P or U	Implications	Voluntary options available	Paid options available	Considerations in making decisions about care
Working parents or carers with children					
Psychological problems, Domestic violence or abuse					
Bereavement					
Acute sickness					
Chronic injury or illness					
Social activity or appointments					
Complete breakdown of relationship between Parent or carer and dependent					
Elderly person who is unable to care for him or herself					
Parent or carer with a dependent with special needs					

Bibliography

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B.Duggan, 2006, Parenting and Caring Presentation, ACHPER, Sydney

Rayner B., 2006, Parenting and Caring Presentation, ACHPER, Sydney

M. Stein, 2003, Parenting and Caring Presentation, ACHPER, Sydney

M. Stein, 2005, Parenting and Caring Presentation, ACHPER, Sydney

Turnbull M. et al., 1996, Studies in Life Management, Jacaranda, Queensland

Weihen L. et al, 2002, Community and Family Studies, Heinemann, Melbourne

Out-of-Home-Care, Sole Parental Responsibility, May 2004, DoCS

www.carersnsw.asn.au

www.community.nsw.gov.au/foster_care

www.hsc.csu.edu.au/cafs/parenting/becoming/3_1/3_1_1/c3cafsanswers3_1_1_1.html

www.fcawa.com.au

www.nt.gov.au/health/comm_svs/facs/foster_care/standards_of_care.shtml

http://www.healthinsite.gov.au/topics/Personal_Stories_about_Parenting
www.youngcarers.net.au

www.spcc.nsw.edu click on D.A.L.E Young Mothers Program

Special thanks to Bronwyn Rayner, Beth Roberts, Leonie Lees for support and encouragement.

Supplementary Material

Marking Guidelines for Community and Family Studies, 2005, NSW Board of Studies, Sydney

Gunstone H et al, 1996, Journey Through Families and Adolescence, Longman, Melbourne

Harrison J, 2002, Community and Family Studies, Pascal Press, Sydney

Investing in our Future: Support for Carers in the State Budget 2007-2008, October 2006, Carers NSW

Turnbull M. et al., 1996, Studies in Life Management, Jacaranda, Queensland

Weihen L. et al, 2002, Community and Family Studies, Heinemann, Melbourne

www.carersnsw.asn.au

www.mhcc.org.au/rightsmanual

www.stepfamily.asn.au

www.workingcarers.org.au

CAFS (especially Parenting and Caring Module) Related DVDS
(when you need to “Veg Out”) NB not instead of studying or doing HW

One True Thing 1998 Universal Pictures

Examines carer relationships

Cheaper By The Dozen 2003 Twentieth Century Fox

Couple with 12 children, management of multiple roles, role reversal,

One Fine Day 20century Fox 1996

Sole parent, multiple roles,

Corrina, Corrina, Newline Cinema

Newly widowed man struggling to raise daughter, housekeeper redeems family relationships.

The Notebook Newline Cinema

Aged,

I am Sam

Factors influencing Parenting and Caring Relationships

Unwed Father- Rating M - Consequences of an unplanned pregnancy.

Pursuit of Happiness Sony Pictures 2006

Sole parent, SES, Homeless