

Suggested Movement Experiences for PASS

- Aboriginal Perspective orienteering – going bush on country
- Action ball
- AFL (Giants) talented athlete program
- Amazing Race
- ANZ tours
- Archery
- Bankwest Stadium
- Beach Fitness – Foot volley, beach soccer, volleyball
- Bike riding
- BMX track
- Boxing/bootcamp
- Bronze Medallion & CPR certificate
- Bubble soccer
- Bushwalking
- Cheer Leading
- Circuit training/tabata
- Circus skills
- Cultural Games
- Darts
- Disability Games – Invictus games, Paralympics
- Dragon Boat
- Fitness testing
- Flag gridiron
- Frisbee Golf
- Gaelic Football Unit
- Goal ball
- Golf course
- Golf driving range
- Golf (Aqua golf and student designed courses)
- Gym & Fitness
- Gymnastics
- High Ropes
- ICT & Sport Unit
- Indoor Rock Climbing
- Kick Baseball
- Kickboxing classes
- Laser Tag
- Martial Arts
- Master Chef – 5 minutes to create their own game
- Mini Olympics
- Mini-roos – soccer coaching
- MMA
- Money ball
- Ninja Obstacles
- NFL (World sport unit)
- Obstacle course on the beach
- Outdoor Ed – camping, bushcraft, bushwalk, orienteering, mountain biking
- Outdoor Recreation
- Parkour
- Performance Analysis/training programs
- Polo hockey
- Primary school coaches – sport clinic run by students
- Recreation Games (lawn bowls, table tennis, croquet, darts, 10 pin, rock climbing)
- Roller Derby with Rollerboards
- Skate Park
- Skateboarding
- Ski Trip – skiing, snow boarding
- Snorkelling
- Sofcrosse
- Specialised skills (NFL, PASS, Freethrows, NRL PASS agility course, hand-eye coordination)
- Speed Minton
- Spikeball
- Squash/tennis
- Stand up paddleboard
- State of Origin excursion
- Steptember
- Surf awareness
- Surf survival – bronze medallion
- Surfing Camp
- Surfing lessons
- Survivor Games
- Synchronised swimming

- Taekwondo
- Teacher vs student games
- Trampoline
- Tree tops
- Water Polo
- Wheel Chair basketball
- Wheel Chair sports road show
- Wheelchair Basketball
- Wheelchair Rugby League
- X-treme challenge
- Slider Hockey
- Sepak Takraw
- Sprouts (Dodgeball/pacmar)
- Sasketball (combo of basketball & soccer)
- Bellyflop baseball
- Snatch
- Rollarball (Handball/Gym ball/Yoga ball)
- Canadian Kickball
- Pittball (hybrid dodgeball & capture the flag)
- Resistance training
- Lacrosse
- Pool Sports
- Resistance training
- Kayaking
- Wheelchair Roadshow (wheelchair activities)
- Speed stacking
- European Handball
- Kick cricket (rolled ball, 2 stumps, bat in pairs)
- NFL Tag
- Touch football
- Touch rugby 7's
- Winter Warrior
- Speedminton
- World Games (ATSI Focus)
- Seated Volleyball
- Ultimate Frisbee
- Speedway (hybrid of soccer and AFL)
- Blind Games
- Coaching Yr9/10 training sessions for Yr7 teams
- Tchoukball
- Floorball
- Bubble Soccer
- Scooter Board games
- Strength training
- Footgolf
- Dance
- Grit workouts (body systems)
- Bootcamps
- Orienteering
- Breath work, incorporated into circuit training (energy systems)
- Juggling (skill acquisition to specialised movement skills)
- Touchdown Frisbee
- Professional sporting teams tour e.g. GWS Giants and training regimes/principles/analysis
- Warzone (movement skills)
- Slide Hockey